

QP CODE 2122522202

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DMI-ST. EUGENE UNIVERSITY

ZAMBIA

DEGREE EXAMINATION – DECEMBER 2023

Semester: II 252SW22 INTRODUCTION TO PSYCHOLOGY

Time: 3:00 Hours

Max. Marks: 100

Answer any FIVE Questions (5 x 20 = 100 Marks)

1. a) Explain why is mental health important for overall health? (10 Marks)
b) Discuss the Concept of Mental Health. (10 Marks)
2. a) Explain Psychiatric Interviewing. (5 Marks)
b) Discuss four techniques for Psychiatric assessment. (10 Marks)
c) Explain briefly the mental state examination. (5 Marks)
3. a) Explain the Components of Cognitive Learning. (10 Marks)
b) Explain the concept of Trial and error Learning. (10 Marks)
4. a) Explain Need hierarchy theory - Maslow's Hierarchy of Needs. (10 Marks)
b) Explain the types of motivation. (10 Marks)
5. a) Explain the four types of conflicts. (10 Marks)
b) Discuss the sources of frustration. (10 Marks)
6. a) Explain the classification of adjustment mechanisms. (10 Marks)
b) As a social Explain how you use Defense mechanisms in your daily life.(10 Marks)
7. a) Discuss the difference between episodic memory and Semantic memory.(10 Marks)
b) Discuss the factors influencing memory (10 Marks)