

QP CODE 2022542303

Reg. No

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DMI-ST. EUGENE UNIVERSITY

ZAMBIA

DEGREE EXAMINATION – DECEMBER 2024

Semester: II 254 SW 23 INTRODUCTION TO COUNSELING

Time: 3:00 Hours

Max. Marks: 100

Answer any FIVE Questions (5 x 20 = 100 Marks)

1. a) Explain the Scope of Counseling Practice. **(10 Marks)**
b) Explain the Values in Counseling. **(10 Marks)**
2. a) Explain four Theories and Approaches in Counseling Practice. **(10 Marks)**
b) Discuss the key principles of Psychoanalysis. **(10 Marks)**
3. a) Differentiate exploration and understanding phase. **(10 Marks)**
b) Explain Relationship building Phase. **(10 Marks)**
4. a) Explain the objectives of Extinguishing in counseling. **(10 Marks)**
b) Discuss the importance of pscho drama. **(10 Marks)**
5. a) Explain objectives of Family counseling. **(10 Marks)**
b) Explain the key issues to consider in Crisis Counseling. **(10 Marks)**
6. a) Explain the key characteristics of Individual. **(10 Marks)**
b) Differentiate between Social Case Work and psychotherapy. **(10 Marks)**
7. a) Explain the Rational Emotive therapy. **(10 Marks)**
b) Explain the Eclectic approach in Counseling. **(10 Marks)**