

QP CODE 2043574101

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DMI-ST. EUGENE UNIVERSITY

ZAMBIA

DEGREE EXAMINATION – DECEMBER 2023

Semester: IV
Time: 3:00 Hours

357FP41 DIETETICS I

Max. Marks: 100

Answer any FIVE Questions (5 x 20 = 100 Marks)

1. a) How does Illness lead to poor food acceptance? **(10 Marks)**
b) Describe the following therapeutic diets:
 - i. High-fibre diet
 - ii. Very low residue diet **(5 Marks)**
- c) The objectives of diet therapy. **(5 Marks)**
2. a) Make a regular diet time table for a week for inpatients at matero level one using locally available foods and briefly define what a regular diet is? **(10 Marks)**
b) Differentiate between enteral and parenteral feeding. **(10 Marks)**
3. a) Briefly discuss the side effects of anorexia. **(10 Marks)**
b) Discuss on the common causes of obesity. **(5 Marks)**
c) Briefly explain on bulimia the types of bulimia. **(5 Marks)**
4. a) Write short notes on the causes of diarrhea. **(10 Marks)**
b) Explicate nutritional management in ulcerative colitis. **(10 Marks)**
5. a) List out any four complications of burns. **(10 Marks)**
b) Describe in detail about food allergy. **(10 Marks)**
6. a) How to classified dietary modifications? **(5 Marks)**
b) Briefly explain the symptoms in food intolerance. **(5 Marks)**
c) Mention any four type of food groups. **(5 Marks)**
d) Define dietetics. **(5 Marks)**
7. a) What are the advantages of enteral feeding. **(5 Marks)**
b) Tabulate the contents of soft, full-fluid and clear-fluid diets. **(10 Marks)**
c) Define and list out the advantages of regular diet. **(5 Marks)**