

QP CODE 2073570804

Reg. No



DMI-ST. EUGENE UNIVERSITY

ZAMBIA

DEGREE EXAMINATION – JUNE 2024

Semester: VII

357 FP 008 NUTRITION PLANNING AND PROGRAMME

MANAGEMENT

Time: 3:00 Hours

Max. Marks: 100

Answer any FIVE Questions (5 x 20 = 100 Marks)

1. a) State and briefly describe the characteristic of a specific design strategy which a Nutrition related Organization can utilize to successfully plan, deliver and monitor a project/program and its components. **(5 Marks)**
b) Discuss the five (5) main factors that can facilitate successful delivery of a project aimed at reducing hidden hunger in children aged five years and below. **(10 Marks)**
c) What is the importance of problem identification during the initial phase of a project? **(5 Marks)**
2. a) Discuss the process of strategic management in reducing the prevalence of overweight and obesity among teenagers. **(10 Marks)**
b) Discuss the different phases of Objective Oriented Project Planning. **(10 Marks)**
3. a) Define nutrition vulnerability or nutrition vulnerable groups in relation to: **(10 Marks)**
 - i. Geographical location
 - ii. Illness
 - iii. Education
 - iv. Health literacy
b) Distinguish (with examples) between preventive program design and recuperative program design. **(10 Marks)**
4. a) State and describe the four (4) main types of evaluation which can be done during the different phases of a project. **(10 Marks)**
b) Discuss the importance of Monitoring and evaluation. **(10 Marks)**
5. a) Describe in detail what a Monitoring and Evaluation Plan? **(10 Marks)**
b) State and discuss the significance of a Monitoring and Evaluation tool/frame that can be included in

the monitoring and evaluation plan. **(10 Marks)**

6. a) Describe any two (2) characteristics of a project. **(5 Marks)**
 - b) Discuss two key factors that can hinder success of a project. **(5 Marks)**
 - c) Explain two (2) important tools that can be used in the project management cycle. **(5 Marks)**
 - d) Discuss the importance of multi-stakeholder engagement in the different phases of the project management cycle. **(5 Marks)**
7. a) Briefly discuss the concept “elements of Monitoring and Evaluation”. **(10 Marks)**
 - b) Define (with examples) program Coverage, Coherence, Efficiency and Effectiveness with relation to Evaluation. **(10 Marks)**