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DMI-ST. EUGENE UNIVERSITY

ZAMBIA

DEGREE EXAMINATION – JUNE 2023

Semester: VII 252SW72 THEORY AND PRACTICE OF COUNSELLING

Time: 3:00 Hours

Max. Marks: 100

Answer any FIVE Questions (5 x 20 = 100 Marks)

1. a) Explain the concept of counseling. (5 Marks)
b) Discuss the difference between counseling and guidance. (5 Marks)
2. a) Write some of the ethical considerations involved in the management of malnutrition in disaster situations, and how can these be addressed? (5 Marks)
b) Explain in detail some of the long-term impacts of malnutrition in disaster situations, and how can these impacts be addressed? (5 Marks)
c) Discuss selective feeding program, and how does it work in the context of disaster relief? (10 Marks)
3. a) Elaborate some of the different types of selective feeding programs, and what are their objectives? (10 Marks)
b) Discuss some of the admission and discharge criteria for selective feeding programs, and how are these decisions made? (10 Marks)
4. a) Explain the main differences between registration and estimation of beneficiary numbers? Discuss the advantages and disadvantages of each approach. (10 Marks)
b) How can beneficiary distribution committees help ensure fair and transparent distribution of food assistance? Describe their role and responsibilities. (10 Marks)
5. a) Explain in detail the difference between ration cards and beneficiary lists/documents in food distribution programs? How can these methods be used to ensure fair and transparent distribution? (10 Marks)
b) What is scooping in food distribution, and why is it a concern in humanitarian settings? What measures can be taken to prevent scooping? (10 Marks)

6. a) Discuss the characteristics of counseling. **(10 Marks)**
b) Discuss the forms of Counselling. **(10 Marks)**
7. a) Highlight some of the challenges that may arise during food distribution, and how can they be addressed? Discuss the importance of monitoring and evaluation in addressing these challenges. **(10 Marks)**
b) How can the targeting of vulnerable populations be ensured during food distribution? Describe strategies for identifying and reaching those most in need. **(10 Marks)**