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DMI-ST. EUGENE UNIVERSITY
ZAMBIA

DEGREE EXAMINATION – DECEMBER 2024

Semester: IV

357FP41 DIETETICS I

Time: 3:00 Hours

Max. Marks: 100

Answer any FIVE Questions (5 x 20 = 100 Marks)

1. a) Discuss on the main principles of therapeutic diets. **(10 Marks)**
b) Plan a one day menu for a patient who is affected to a kidney disease. **(5 Marks)**
c) Describe the classification of therapeutic diet. **(5 Marks)**
2. a) Enumerate the type of enteral feeding tube. **(10 Marks)**
b) Plan a menu for a patient who is suggested with a soft diet. **(5 Marks)**
c) Discuss the types of Fluid diet. **(5 Marks)**
3. a) List out the complications of being underweight. **(10 Marks)**
b) Explain on the prevention of being overweight. **(5 Marks)**
c) Give brief notes on light energy diets. **(5 Marks)**
4. a) Highlights on the causes, symptoms and treatment of Diarrhea. **(10 Marks)**
b) Discuss on gluten free diets. **(5 Marks)**
c) List down the causes of constipation. **(5 Marks)**
5. a) Explain on preoperative and post-operative conditions. **(10 Marks)**
b) Give a brief account on burns. **(10 Marks)**
6. a) Explain on hiatus hernia. **(10 Marks)**
b) Give short notes on malabsorption syndrome. **(5 Marks)**
c) Discuss the dietary treatment suggested for Steatorrhoea. **(5 Marks)**
7. a) Explain on allergic conditions. **(10 Marks)**

- b) Describe the elimination diets. **(5 Marks)**
- c) Write short notes on the Causes of fever and infections. **(5 Marks)**