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**DMI-ST.EUGENE UNIVERSITY**  
**DEGREE EXAMINATION – DECEMBER – 2022**

**SEM: VI                      252SW64 HEALTH AND HEALTH CARE SERVICES**

Time: 3 Hours

Max. Marks: 100

**Answer any Five questions (5 x 20 = 100 Marks)**

1. a) Write notes on the emotional and physical dimension of health. (5 Marks)  
b) Explain how income and social status impacts on health. (5 Marks)  
c) As a social work trainee, explain the determinants of health. (10 Marks)
2. a) Identify and explain the symptoms of fat deficiency. (5 Marks)  
b) Emphasize on the nutritional benefits of carbohydrates. (5 Marks)  
c) Discuss the various human activities on the environment that impacts on health. (10Marks)
3. a) Explain the objectives of the Reproductive Health and Child Health program. (10 Marks)  
b) Identify and explain the various factors responsible for the sharp rise in the population of Zambia. (10 Marks)
4. a) Define health education, identify and explain who it targets. (5 Marks)  
b) Identify and explain the components of the individual approach to health education. (5 Marks)  
c) As a social work student, discuss the need for health education in your college. (10 Marks)
5. a) As a competent social work student, discuss the merits and demerits of home and community care. (10 Marks)  
b) Explain the principles of primary care. (10 Marks)
6. a) Explain the food sources and functions of the six nutrients. (10 Marks)  
b) Water helps with several functions in the human body. Discuss (10 Marks)
7. a) Health is never static, it is a dynamic phenomenon. Discuss (10 Marks)  
b) Briefly explain how income and social status impacts on health. (5 Marks)  
c) Define epidemiology and highlight the two methods it uses. (5 Marks)